



NOVEMBER 2009

NEWSLETTER

WELCOME FROM THE EXECUTIVE

We would like to welcome everyone to the new **2009/2010** season. Your Executive Team has been hard at work planning for this upcoming season with lots of fun and exciting things planned. Tiering games are done and league games are underway. Good luck to all, hope everyone has a fun and exciting year!

AUGUST 09 SURVIVOR SKILLS CAMP

We had another very successful year at the survivor skills camp this year. Thank you to Amy as the Head Coach of this event and her staff for doing a great job giving our kids a great start to the season.

For those of you that participated if you have any comments or suggestions we would like to hear from you. Please direct them to either of the Co Presidents Kelly Stanoffsky stanoffsky@aol.com or Shawn Bird stbird@telus.net

JERSEY TEAM PARENT(S)

Again this year each team will be asked to assign a designated team parent(s) that will be responsible for the team jerseys. This parent(s) will be given the home and away jerseys in PCRMRA garment bags including hangers. This person(s) will be responsible to collect and distribute all the jerseys at each home and away game and ensure they are washed and aired out properly and brought to each game. Teams are more than welcome to divide up the season so that not just one parent will have this responsibility for the entire season. The association jerseys **ARE NOT** to be given out to individual players to be kept in their gear bags, and jerseys **ARE NOT** to be worn for practices. This does not apply to teams with Tim Horton's jerseys as there is a special arrangement for players to wear these jerseys to all practices and games.

SPONSORSHIPS , PROMOTIONS & GAMING FUNDS – We need your HELP!

As most of you are aware, PCRMRA has been challenged this year by the same provincial cutbacks that you have heard about through the media and in the schools. For the 2009/10 season we only received **one third** of the gaming funds we are used to receiving. **We are asking for everyone's help** in seeking out connections for donations and sponsorships and recruiting new players. If you know anyone who may be interested in making a donation of any kind or sponsoring our association please have them contact Sark Kump or one of the Executive Team on the website. Below is the link to the sponsorship website. If you have any questions, please contact Sarka Kump at 604-552-2399.

www.pocoringette/sponsorship

Seasonal Flu and H1N1

Due to ongoing health concerns and the spreading of potential serious illness, we strongly encourage you to educate and instruct your child **NOT TO SHARE** water bottles. It is also suggested that each player has some anti-bacterial hand gel in their bag to use before and after each ice session. Players are also being asked not to remove their gloves for hand shakes.

Each player will be responsible to bring their own water bottle to each game and practice. We thank you for helping us promote health and safety in our sport. 😊

Team Clothing & Attire

Check out our website for links to PCRM's clothing and attire, **we have new items available!**



2009/10 PCRMRA EXECUTIVE TEAM

Visit our website for contact information on any of the executive members. www.pocoringette.com

Jody Meadows Power Skating

Back by popular demand we have Jody Meadows Power skating sessions every Saturday nite for teams throughout the season. Each team will be responsible to pay Jody \$25 per session. A fantastic value of approximately \$2.00 per girl per one hour session for this weekly event. 😊

INTERESTING WEBSITES

There are many interesting Ringette websites out there please check the following ones out:

PCRM Ringette: www.pocoringette.com

LMRL: www.fastestgameonice.com

BCRA: www.bcringette.org

Ringette Canada: www.ringette.ca

For Everything Ringette www.ringetteworld.com

Miscellaneous Tidbits!!!

CONGRATULTIONS TO ALL THE GIRLS WHO MADE THE BC WINTER GAMES TEAM THIS YEAR BEING HELD IN TERRACE, BC. GOOD LUCK AND HAVE A GREAT TIME!

BUNNY/NOVICE TOURNAMENT – PCRM IS HOSTING THIS YEAR END TOURNY ON MARCH 5TH,6TH AND 7TH, WE'LL BE LOOKING FOR VOLUNTEERS!

WE HOSTED A VERY SUCCESSFUL NRL (NATIONAL RINGETTE LEAGUE) GAME IN OCTOBER AND HAD FANTASTIC SUPPORT AND TURNOUT. THANKS TO ALL! See photo below!



PCRM Bunnies, Novices & Petites with Fraser Valley Avalanche
October 24th, 2009